

# STANDING TALL IN THE FACE OF EVERYDAY GIANTS

**BRAVE**

## CHALLENGE- THE IMPOSSIBLE

### Learning points:

How do we manage difficulties so often linked to feeling like we've failed like perfectionism and guilt? And how do you pick yourself up when you've fallen and failed REALLY badly?

### How to play:

- This challenge is basically target practise with completely unrealistic targets! You can set this up however you want but make sure it's pretty much impossible for anyone to succeed.
- For example, you could do this as a paper aeroplane challenge. Have the young people make their own paper aeroplanes and test them against some challenges you've set.
- Those challenges could be:
  - Only win if your plane flies past 70m – even though the world record is 69.14m (<https://www.guinnessworldrecords.com/world-records/farthest-flight-by-a-paper-aircraft>)
  - Planes must fly through a gap that is smaller than the size of any of the planes that have been made
  - Planes must fly in a perfectly straight line from thrower, but have a fan(s) set up throughout the room altering the direction of flight