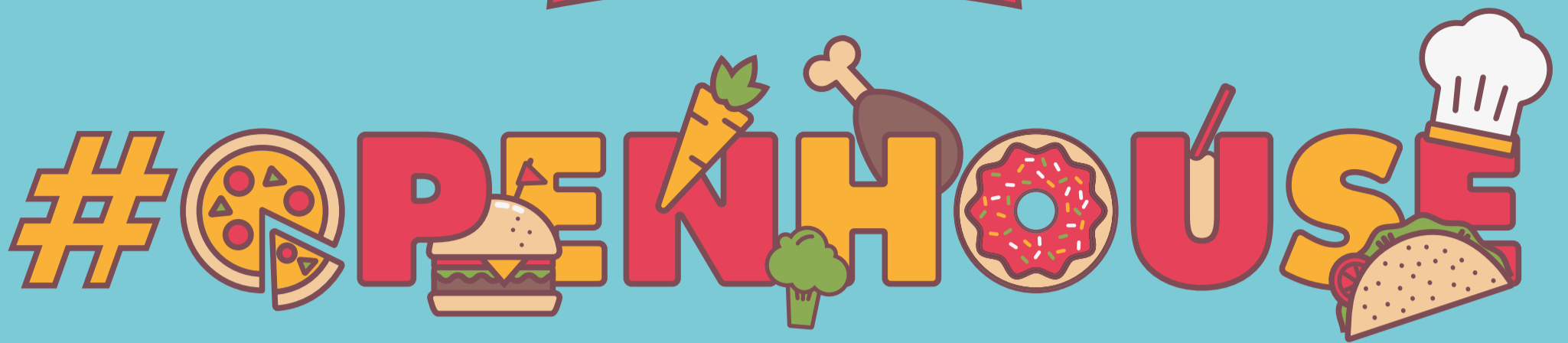


YOUTHSCAPE PRESENTS



A NEW PROGRAMME TO SUPPORT YOUNG PEOPLE AGED 11-15 WHO FEEL SOCIALLY ISOLATED OR LONELY

RUN BY YOUTHSCAPE AND FUNDED BY THE CO-OP FOUNDATION



A fun weekly cooking course, led by a professional chef with a finale banquet cooked by the young people for a disadvantaged group from the local community



THROUGH THIS FREE PROGRAMME, YOUNG PEOPLE HAVE THE OPPORTUNITY TO

- Meet other young people and build new friendships
- Learn new skills in preparing and cooking delicious food
- Grow in confidence and have fun in a safe and supportive atmosphere
- Have a sense of achievement in cooking a meal for others

HOW TO APPLY TO JOIN #OPENHOUSE

- Review the risk factors for loneliness on our factsheet, identify young people who might want to take part, and explore if they might be interested
- Complete a short enquiry form on the young person's behalf and email to gemma.milligan@youthscape.co.uk by **17/05/19**.
- We will contact you to discuss if a place on the programme is appropriate
- We will arrange to meet the young person to introduce project to them in person so they can make a final decision about being involved
- Parental permission obtained and practical arrangements confirmed
- Note that the programme will cater for all dietary preferences & cultural and religious requirements

IMPORTANT DATES

SESSION 1

Monday 3rd June
5.45pm-8.45pm

SESSION 2

Monday 10th June
6.15pm-8.45pm

SESSION 3

Monday 17th June
6.15pm-8.45pm

SESSION 4

Monday 24th June
6.15pm-8.45pm

SESSION 5

Monday 1st July
6.15pm-8.45pm



SESSION 6

Monday 8th July
6.15pm-8.45pm

SESSION 7 (RESTAURANT DINNER)

Saturday 13th July
4.30pm-8pm

SESSION 8 (COMMUNITY DINNER)

Monday 15th July
4.30pm-9pm

SESSION 9 (DEBRIEF/DROP-IN)

Monday 22nd July
4.30pm-7.30pm (session from
6pm after Drop-in)



Contact Gemma Milligan
01582 748953
gemma.milligan@youthscape.co.uk

Youthscape, Bute Mills, 74 Bute Street,
Luton, LU1 2EY
Registered Charity No. 1081754

Youthscape

