

# STANDING **TALL** IN THE FACE OF EVERYDAY **GIANTS**

**BRAVE**

## CHALLENGE- **TOWER CHALLENGE**

### **Learning point:**

Pushing ourselves to try new things or set ourselves a new challenge can be so good for us, it teaches us to be brave, to give things a go and learn to experience success and failure. Also if we attempt something challenging alongside others it can teach us lots about good team work. This challenge needs you to problem solve, to re-think when something isn't working and look for new ways to make it work.

### **How to play:**

- Before the session, make sure to buy whatever 'tower' resources you need. We recommend either using marshmallows (not mini sized) and spaghetti, or cocktail sticks and jelly tots. Buy a of pack of each item per group for whatever option you choose.
- In the session, divide the young people into groups. Give each group the materials and ask them to build the tallest tower they can out of what they've been given.